

## January 2018 PE Governors Report

**Form LH** are continuing their work with myself and Reece from the Community Sports Foundation. Last term pupils worked towards improving the following skills -

### Agility/ Travel -



### Sending Skills -



This half term we will be concentrating on improving our receiving skills.

As part of the Community Sports Partnership Programme, every week, Reece gives an award to a pupil who has shown particular sportmanship, fair play, teamwork and a good attitude in developing their skills. Pupils then look after Sportasaurus for the week and report back their adventures in a special book via stories and



photographs.

Below are a few of our recent winners of the 'Sportasaurus' Award





**Rebound Therapy** - Pupils are continuing to thrive during their Rebound sessions and are making great progress. We now have 31 Primary and 16 Secondary Pupils actively taking part in Rebound every week.

**Form ME & JK/SH** - Last half term pupils participated in a variety of skill activities incorporating sending, receiving and traveling. These skills were then used in a different games/ activities which gave pupils the opportunity to further develop their skills.

This half term pupils will be taking part in the Play Maker Award. This is the first steps towards leadership and will give them the chance to take on the responsibility of leading their peers.

Pupils will also be able to take part in a variety of activities to help with individual needs. these include physio, using walkers, transferring onto specialist beds, soft play activities and the use of standing frames.

**Form HS** - We were fortunate enough to have Kevin Denmark (Head of Disability Cricket coach) come in to provide 7 weeks of coaching.

Sessions included a different warm up each week which then led on to fielding, batting and bowling activities. Each session ended with an adapted game to help reflect the learning gained during the afternoon.

During the activities, pupils were also able to worked towards -

**Level 1 Sports Leaders**

Unit 1 -  
Establishing leadership skills

1.1 -  
Demonstration of leadership skills and behaviours

1.2 - Working as part of a group/ team.

1.4 - Roles and responsibilities of sports officials.

2.1 - Assist in leading a sport/ activity.

**Young Sports Leaders**

Pupils were able to cover parts of the 8 areas of leadership



represented by the mnemonic FAST PACE

- F - Fun
- A - Activity
- S - Safety
- T - Team Work
- P - Participants
- A - Area
- C - Communication
- E - Equipment.

This half term we will be working with Spencer Thorpe from the Football Association to help further develop our knowledge of warm ups, Skill activities and games.



**FE** - Students work in different groups depending on current levels and progress. During last half term each morning was divided into three parts. Period one was Asdan Sports Edinburgh and period two was team games everybody got together to play a different game each week. This worked really well and aided both individual and group progress.



and Fitness, where

period two was Duke of three



This half term students in my group will travel to and from the UEA Sports Park via the Number 25 bus to practice their Titan skills. Students will then be as independent as possible using the Cafe and then they will participate in a different Instructor led sport each week. Sports will include - Football, Table tennis, Volleyball, Cricket, Tennis, Rock climbing, Tag - Rugby, Athletics and Handball.

**Asdan Sports and Fitness - Sports Study**

**Duke of Edinburgh - Practical (Gym)**

**Team Games -**  
Hockey

**Upcoming Sporting Events**

**Spring Term 1**

**January**

16th - Form HS - Indoor Athletics

18th - Form SD/ZD - Multi Skills Festival

19th - Primary/ Secondary mix - Winter Kwik Cricket

22nd - Form LR - Multi Skills Festival

26th - Primary/ Secondary mix - County Table Cricket

**February**

1st - Primary/ Secondary mix - Basketball Tournament

6th - Form JH - Inclusive Sports Festival

**Spring Term 1**

**March**

1st - Secondary mix - Winter School Games

8th - Primary/ Secondary mix - football tournament

16th - Form LH - Multi Skills Festival

19th - Cross Country